

◆*Distinctive Dental Services of New York, P.C.*◆

RALPH H. EPSTEIN, D.D.S.

173 EAST SHORE ROAD  
SUITE 201  
GREAT NECK, NY 11023  
516-487-8110

**Answering Service: 516-674-5973**

**INSTRUCTIONS FOR PATIENTS FOLLOWING  
SEDATION OR GENERAL ANESTHESIA**

**CAR RIDE HOME**

The patient should be in an appropriate car seat or if old enough secured by a seat belt, **sitting in an upright position.**

**ON ARRIVING HOME**

After getting settled, **please call the office to inform us of your safe arrival and the condition of the patient.** The patient should rest for the first day and be carefully watched. For the first few hours, the patient should not be permitted to walk unassisted. It is common for the patient to be sleepy, dizzy or off balance after sedation or general anesthesia. Patients may be nauseous, which may be increased by the automobile ride home. **The patient should not make any business decisions for at least 24 hours.**

**DRINKING AND EATING**

Do not force food. The first drink should be plain water or another clear fluid such as apple juice. Small sips should be taken repeatedly. Food may be taken when desired, however, it should be light and soft and not too hot. Fast foods, such as McDonald's, should be avoided for 8 hours after discharge. No alcoholic beverages for 48 hours.

**INTRAMUSCULAR INJECTION SITE**

A small percentage of patients may experience some redness and soreness around the intramuscular injection site. This is a normal reaction. If you have any questions concerning this, please call the office.

**INTRAVENOUS SITE**

A small percentage of patients experience post operative tenderness and/or redness where the intravenous catheter was inserted. This may be a sign of a chemical phlebitis associated with the intravenous infusion. If this occurs, please call and ask for one of the doctors.

**FINALLY, SOME INSTRUCTIONS OF IMPORTANCE TO ALL PATIENTS**

**CALL OUR OFFICE IF:**

- Vomiting persists beyond four (4) hours.
- Temperature remains elevated beyond 24 hours.
- Any other matter causes concern. (5/04)

<b><u>Post-Operative Medications</u></b>	
<b><u>Medication</u></b>	<b><u>Time</u></b>
_____	_____
_____	_____
_____	_____